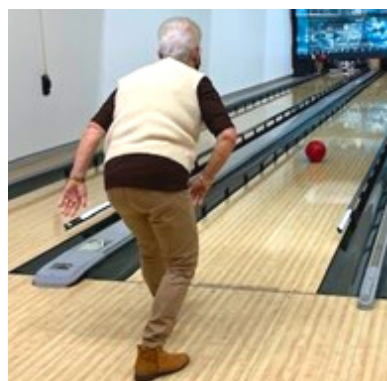


### Welcome to SydWest's Seniors Day Respite Centres



*Centre Based Respite Day Care actively encourages positive ageing & wellbeing, through activities that stimulate participants physically, mentally and emotionally.*

#### Locations

##### Mount Druiitt

Mt Druiitt Seventh-Day Adventist Church  
55 Hythe Street, Mount Druiitt 2770

##### Glenwood

Glenwood Community Hub  
72 Glenwood Park Dr, Glenwood 2768

**Monday - Friday  
10am - 2pm**

FEE: \$15 per person per day  
(excludes transport)

FEE: \$21 per person per day  
(includes transport)

Both Fees cover morning tea, hot lunch,  
afternoon tea & activities

To Register you need to quote your My Aged Care Referral Code – we can help you if you don't have one.  
Eligibility: 65+ years and with a carer and living in Western Sydney\*

For more information contact:  
Sree Vithya Harilingam 8825 3728

[info@sydwestms.org.au](mailto:info@sydwestms.org.au)