

Media Release
15 June 2021

New Seniors Day Care Centres Launched for Western Sydney!

Culturally diverse communities can now access new SydWest service

SydWest Multicultural Services is pleased to announce the launch of its new **Day Respite Centres** in Mt Druitt and Glenwood, as part of our new offering for quality respite care for seniors.

SydWest's new Day Respite Centres will be open Monday to Friday 10am – 2pm for older people living in Western Sydney.

Our Day Centres will offer activities to seniors, therefore providing respite to their carers. The older person will enjoy positive ageing and wellbeing through group activities that will stimulate physically, mentally, and emotionally and encourage social interaction. All participants will be supported by experienced, qualified, bilingual care staff.

As part of the service, morning tea, hot lunch and afternoon tea will be provided. Transport to and from the centres can also be arranged.

This is a great news story for everyone who is a carer of an older person and seeking help and engagement for them. SydWest is an approved provider with an impressive track-record of delivering quality aged care services with the personal touch.

This is a great news story for older people from culturally and linguistically diverse (CALD) backgrounds as they will come together in a safe, welcoming environment, with lots of fun and engaging things to do.

We serve seniors from diverse backgrounds, including Spanish, Chinese, Serbian, Croatian, Turkish, Maltese, Middle Eastern (Arabic-speaking), Bhutanese, Filipino, Indian sub-continent and more.

STATEMENT ENDS /

For further information or to arrange interviews, contact Vikki Hine, Public Affairs & Communications, SydWest Multicultural Services on vikki.hine@sydwestms.org.au or 9621 6633.

HEAD OFFICE

Blacktown

Level 2, 125 Main Street
Blacktown NSW 2148
Phone: 02 9621 6633
Fax: 02 9831 5625

Mt Druitt Office

Level 1
13 Cleeve Close
Mt Druitt NSW 2770
Phone: 02 9625 0455
Fax: 02 9625 0322

Penrith Office

Community Connection
Building, Suite 113
114-116 Henry Street
Penrith NSW 2750
Phone: 02 9621 6633

Rouse Hill Office

Vinegar Hill Community Centre
Ground Floor
29 Main Street
Rouse Hill NSW 2155
Phone: 02 9621 6633

SydWest Multicultural Services

Connecting cultures. Building community.

www.sydwestms.org.au

info@sydwestms.org.au

ABN 70 963 234 638

SydWest Multicultural Services is a leading organisation for all cultural diversity issues responding to community needs and opportunities. Established more than 35 years ago, SydWest provides a range of services to culturally and linguistically diverse (CALD) individuals and communities to assist with settling and living productive and independent lives in the community. We offer flexible and integrated service models across the life course of refugees and migrants, supporting the self-determination and empowerment of our diverse communities. SydWest is an innovative employer of choice, with passionate, qualified and experienced bilingual and bicultural staff who are sensitive to the languages and cultures of the communities we represent. With locations in Blacktown, Mt Druitt, Penrith and Rouse Hill, we cover all matters of cultural diversity in the region.

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