

Media Release

16 June 2021

SydWest named a finalist in 2021 Australian HR Awards!



SydWest Multicultural Services is proud to advise that it has been shortlisted as an excellence awardee in the 2021 Australian HR Awards for Best Health & Wellbeing Program.

Our workplace Health and Wellbeing Program aims to encourage staff to maintain a healthy lifestyle. As part of our strategy to be an employer of choice, we are committed to creating a workplace environment that supports and encourages healthy lifestyles. We are facilitating a range of initiatives that promote increased physical and relaxing activities. The Health and Wellness Program is just one of many other ways to give back to our people.

'The SydWest's Health and Wellbeing Program was shortlisted in the top 8 places after a vigorous process of assessing hundreds of nominations on a national level. It is exciting to see our work acknowledged, to know we are heading in the right direction, as well as showing the genuine will and commitment towards our people', said Nikolayka Bentcheva, Corporate Services Manager at SydWest Multicultural Services.

As a leader in our industry, we endeavour to stay at the forefront of industry best practice. Our Health and Wellbeing Program has all our staff engaged and is just one of the many benefits of working at SydWest!

Our Health and Wellbeing Program includes:

- Free Yoga Classes
- Free weekly Group Fitness classes
- Subsidised gym/exercise membership
- Subsidised Back Massages
- Free Fruit Box
- Flexi time accrual
- Flexible work arrangements
- Stress Management Workshops
- Employee Assistance Program
- Family Friendly Workplace
- 12 weeks Paid Parental Leave
- Free Flu Vaccine.

We look forward to the winners being announced in early September 2021.

STATEMENT ENDS /

For further information or to arrange interviews, contact Vikki Hine, Public Affairs & Communications, SydWest Multicultural Services on vikki.hine@sydwestms.org.au or 9621 6633.

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SydWest Multicultural Services is a leading organisation for all cultural diversity issues responding to community needs and opportunities. Established more than 35 years ago, SydWest provides a range of services to culturally and linguistically diverse (CALD) individuals and communities to assist with settling and living productive and independent lives in the community. We offer flexible and integrated service models across the life course of refugees and migrants, supporting the self-determination and empowerment of our diverse communities. SydWest is an innovative employer of choice, with passionate, qualified and experienced bilingual and bicultural staff who are sensitive to the languages and cultures of the communities we represent. With locations in Blacktown, Mt Druitt, Penrith and Rouse Hill, we cover all matters of cultural diversity in the region.