



SydWest  
Multicultural  
Services

Settlement  
Services

## Multicultural Men's Group Mt Druitt

If you are from an Arabic or multicultural background, you are welcome to join our Multicultural Men's Group.

We have meeting fortnightly on Mondays at Mt Druitt.

This meeting enables men to talk about our lives and the challenges we face around relationships, work, children, our sense of purpose, direction and fulfilment. In this men's group you will strengthen your integrity, become more trustworthy, be clear and grounded and be strong and consistent.

FOR MORE INFORMATION PLEASE CONTACT:

**Zaid (Arabic)**

Phone: 9625 0455

### Where

SydWest Multicultural  
Services  
Shop 3, 6-10 Mount St  
Mt Druitt NSW 2770

### When

Mondays

### Time

3.30pm to 5.30pm

Connecting Cultures.  
Building Community.

Helping new arrivals  
settle into society.

Quality aged care and  
Disability services.

Tailored programs,  
services, case work  
and events.



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[www.sydwestms.org.au](http://www.sydwestms.org.au)

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